



Lancashire Times

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travel

Autumn in Provence at Crillon Le Brave

7:00 AM 4th October
2022



This Autumn, Maisons Pariente's five-star property Hotel Crillon Le Brave is welcoming guests to Provence with new packages designed to make the most of their new extended season which runs until 7th November.

From wellness retreats in the foothills of the majestic Mont Ventoux, a cycling holiday through the vineyards and lavender fields of Provence, to a special enchanted Autumnal Halloween getaway or a romantic stay complete with tandem bicycle and a picnic in the hills, at Crillon Le Brave there is something for everyone this autumn.

Body and Soul in Motion Retreat – 14th – 16th October



For those seeking the ultimate destination in which to relax and unwind, Crillon Le Brave's Body and Soul in Motion retreat provides the ultimate way to rejuvenate both body and mind. Over two nights guests will benefit from morning awakening sessions followed by a two-hour Pilates walk through the tranquil beauty of the Provence countryside.

Head Chef Adrien Brunet will create delicious light Provencal lunches to re-energise guests before they begin a 90-minute Pilates matwork class. The heated outdoor pool and spa also await those seeking an extra spot of indulgence.

After a day spent working on the body and mind, a three-course dinner awaits at Le Table du Ventoux providing the finishing touch to a day of wellness.

Prices start from 1,200 Euros for two nights.

Experience the Joy of Autumn – Available from 21st October- 6th November



Provence in autumn is a season not to be missed and at Crillon Le Brave guests are welcomed to enjoy the outdoors and experience the abundance of nature that surrounds the hotel.

Whether it's a game of Pétanque or a tennis match on the hotel's courts to work up an appetite, Crillon Le Brave's Head Chef Adrien Brunet will ensure that every guest has a gastronomic experience that celebrates the best of French cuisine.

Crillon Le Brave has been awarded the Label 1 Ecotable, which acknowledges an ecological approach to sustainable catering from the sourcing and choice of products. After a day spent lounging by the pool, cycling through the lavender fields or relaxing in the spa, an evening aperitif accompanied by board games followed by a movie night is the perfect way to end the day at this luxurious five-star property.

Prices start from 420 Euros per night.

A Provence Cycling Experience – Available throughout September, October, November



Renowned for its superb cycling routes, Provence is the ideal destination to get in the saddle and make the most of the beautiful countryside.

Guests will enjoy three days of custom self-guided bike or e-bike itineraries complete with insider knowledge of the best viewing spots, places for a picnic and the most charming villages to explore.

After a day spent enjoying the outdoors, tired legs will welcome the peace of Hotel Crillon Le Brave where the brand new Tata Harper Spa awaits providing the ultimate destination for relaxation

Prices start from 1,135 Euros for two nights.

Nightly rates at Crillon Le Brave start from 350 Euros on a bed & breakfast basis. For reservations and information visit www.crillonlebrave.com email reservations@crillonlebrave.com or call +33 4 90 65 61 61.