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WHERE TO GO FOR A SKI-SEASON ESCAPE



Ski season is back, bringing opportunities for adventure, rejuvenating spa activities, immersion in the great outdoors, decadent food, and tranquil mountain getaways to enjoy quality time. EVA RAMIREZ reveals some of the best ski resorts that Europe has to offer

VAL D'ISÈRE

Nestled in a valley at the foot of the mountains, Val d'Isère's long runs make it one of Europe's best resorts for intermediate and expert skiers. It arguably boasts the most impressive gastronomic offering, too. For a gourmet experience, Michelin-starred La Table de l'Ours is well-loved for its refined interpretations of seasonal ingredients. Loulou at Airelles is a recent addition that combines Italian flavors with alpine traditions and is decorated with art by Jean-Charles de Castelbajac. Two other Italian eateries, Gigi at Le Refuge de Solaise and La Cucùcina by la Folie Douce Val d'Isère, are also well worth a visit.



With its perfect location, on the slopes of Méribel, Hotel Le Coucou offers guests a unique experience with a distinctive blend of minimalism, quirky color and laid-back luxury

Where to stay

At the five-star Hotel Le Coucou, 55 spacious suites and two private chalets, both kitted out with a pool, steam room, sauna, treatment room, games room, ski room and fully fitted kitchen, make up the impressive accommodation. The hotel's non-ski-based activities include igloo-building, snow yoga and boxing, forest hikes (on snowshoe or snowmobile), dog or pony sledding, hot-air balloon rides and paragliding. If you'd rather spend your time indoors, the Tata Harper Spa will help you de-stress and re-energize while you are utterly pampered with 100 percent organic treatments.