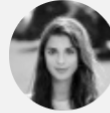


## Learn a New Skill at Hotel Le Coucou this Winter



By **Christina Tsangaris**

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Set to re-open on 29th January, Maisons Pariente's Hotel Le Coucou in Méribel is delighted to introduce an incredible selection of new experiences offering families and friends the chance to learn a new skill this winter season. As we begin a new year, what better time to try something new, create memories to last a lifetime and enjoy a more rewarding holiday.

From igloo building and ski touring to snow yoga and boxing, Le Coucou can arrange a varied selection of experiences which can be enjoyed by both ski enthusiasts and non-skiers looking to try something new. The 5-star hotel boasts 55 spacious suites and rooms, two private chalets, two restaurants, a Tata Harper Spa, two swimming pools and two kid's clubs, and is located in the prime position of Méribel, the central resort of the Three Valleys, the largest ski-area in the world with unlimited opportunities for adventure.

### **Igloo Building**

Embrace the snow with this unforgettable and testing experience where following the construction plan is essential and if done properly will leave you with a magical natural igloo. The mountain guide will share invaluable advice and skills needed to build an igloo effortlessly. A snack point will provide tea, coffee, mulled wine and delicacies throughout the activity ensuring an enjoyable and one-of-a-kind experience.

### **Ski Touring**

The more adventurous guests can enjoy ski touring with experienced guides to explore the off-piste areas of The Three Valleys. Although ski touring will require a little more effort than downhill skiing, it is certainly the best way to access remote, unseen areas of the resort. This is the perfect activity for those looking for the thrills of discovery of beautiful landscapes.

Guests can book half or full days, depending on physical and technical capabilities.

### **Snow-Yoga**

Le Coucou is delighted to introduce Snow- Yoga this season, where guests can enjoy a yoga practice in the mountains with sensational, breath-taking views all around. Whether a novice or an experienced yogi, the practice of yoga is known to have many benefits for physical and mental health, helping to relieve fatigue, fight stress, improve sleep and restore serenity. The concierge team will happily arrange private sessions with professional coaches in the fitness room or outside if the weather allows it.

### **Boxing**

It is not every day that you have the opportunity to learn a new skill, let alone from a professional! Philippe de Laurentis, the three times kickboxing World Champion and three times French boxing European Champion is on hand to organise private coaching sessions for guests who are looking to improve the art of boxing this year. Philippe has been working in Méribel since 1998 and works closely with Hotel Le Coucou to deliver a new and exciting experience this winter season.

### **Hiking, Snowshoeing, Dog & Pony Sledging, Paragliding and Hot Air Ballooning**

Méribel caters for all ages and ski abilities and has so much more than just skiing and snowboarding to offer its visitors. Guests at Le Coucou can count on the concierge team to ensure an unforgettable stay in the mountains. From hiking in the forest on snowshoe or on snowmobile, dog or pony sledging down the slopes, magical hot-air balloon rides and paragliding amongst the clouds the possibilities are endless.