

## Maisons Pariente Announces New Wellness Offerings at Lou Pinet and Crillon Le Brave this Summer

*New spa treatments, outdoors activities and spa workshops at Lou Pinet and Crillon Le Brave this Summer*



As the Covid-19 pandemic sees many turn towards focusing on their health and wellbeing, Maisons Pariente has announced its latest wellness experiences available at the stunning Lou Pinet in Saint Tropez and Crillon le Brave in Provence. From a facial gym session designed by Tata Harper at Lou Pinet to yoga, meditation, and Mum-to-Be treatments at Crillon Le Brave, guests will be spoiled for choice.

Maisons Pariente's stunning five-star hotels are each designed to resemble private houses with large spaces and chic design, offering guests a relaxing, private wellness escape this summer.



### ***Introducing The Face Gym:***

Experience a unique new wellness treatment at Lou Pinet which is offering a Face Gym by Tata Harper providing guests with a special glow following months in lockdown. The spa therapists have been expertly trained in the exclusive Tata Harper techniques to release tension, restore original volumes and re-sculpt features with a visible rejuvenating effect. The facial gym session can be described as a natural facelift because of the anti-ageing, toning effect. The spa therapists at Lou Pinet teach their face gym techniques to guests through personalised training sessions.

### ***Tata Harper Spa:***

Guests will take a short walk to the bottom of the garden where the Spa is located in an intimate, protective haven designed to resemble a cave. Tata Harper was an obvious choice for Lou Pinet as the products are organic and highly concentrated in active ingredients. The spa boasts two treatment rooms, a steam room and a gym with state-of-the-art equipment. The treatment menu consists of massages, body rituals, facial rituals, gentlemen's rituals and an array of beauty treatments.

### ***Gym:***

Positioned next to the spa, the gym boasts panoramic skylights allowing natural light to fill the room. A coach is available upon request to create personalised programmes and morning yoga classes can be organised to start the day with sun salutations in the garden.

## **Crillon Le Brave**

Hotel Crillon le Brave encourages guests to switch off and enjoy the art of taking things slow in the heart of a Provençal village-hotel. Guests will explore the village and its alleys, rejuvenate the mind and body at the hotel's spa and enjoy the serene Provence countryside.

### **Spa des Ecuries:**

The Spa des Ecuries is positioned under imposing arches of the former vaulted stone stables from the 18th century. With three treatment rooms, including one double, the spa combines gentle and effective approaches dedicated to enhancing overall wellbeing. Guests can take advantage of the holistic treatment techniques of Bamford which are completely tailored to each guests' needs. Personalised programmes are available upon request to as well as sports preparation and recovery, yoga, meditation, slimming and detoxing, anti-stress cures and Mum-to-Be treatments.

### **Explore the Outdoors**

Re-discover the pleasures of a picnic in nature with three picnic baskets specially created by Head Chef Anissa Boulesteix using locally sourced products. Discover hilltop villages, lavender fields, wild sage and other hidden treasures which only a balloon ride can reveal. Explore the village and local area among vineyards on foot, on horseback or pedaling an electric, trekking, road or mountain bike. The concierge team can organise a day of golf at one of the four golf courses near the hotel, tennis or kayaking from Fontaine de Vaucluse to Isle-sue-la-Sorgue.

### **Endless Summer Wellness & Nutrition Retreat**

Crillon Le Brave is delighted to be hosting a retreat on the 24th-27th September; an opportunity for self-care and to explore the hotel's beautiful surroundings. Laurie-Anne Duval, a natural health consultant specialised in nutrition, dietary changes and stress management, will present seminars as well as practical workshops around wellness and nutrition. The gourmet vegan dishes that will be served have been developed by Anissa Boulesteix, Chef at Crillon le Brave, in collaboration with Wellness by LMSV experts.

Nightly rates at Hotel Lou Pinet start from 430 Euros on a bed & breakfast basis. For reservations and information visit [www.loupinet.com](http://www.loupinet.com) email [reservations@loupinet.com](mailto:reservations@loupinet.com) or call +33 4 94 97 04 37

Nightly rates at Hotel Crillon Le Brave start from 350 Euros on a bed & breakfast basis. For reservations and information visit [www.crillonlebrave.com](http://www.crillonlebrave.com) email [reservations@crillonlebrave.com](mailto:reservations@crillonlebrave.com) or call + 33 4 90 65 61 61